

Natividad Juarez

Peach, Texas // firstlast@email.com // 555-555-5555 // linkedin.com/njuarez

Professional caregiver with 5 years of experience supporting elderly and disabled clients in home and assisted living settings. Looking to contribute to a mission-driven care team that values dignity, independence, and holistic care.

Key Qualifications

- Provided daily care to 10+ elderly and disabled clients, including bathing, dressing, grooming, and feeding.
- Assisted clients with post-surgical needs and disease-related physical limitations, such as arthritis and Parkinson's disease.
- Trained in fall prevention, safe lifting, and wheelchair transfers, reducing risk of injury for clients.
- Developed and implemented daily care plans tailored to client needs.

Education

American Caregiver Association
National Caregiver Certification Course, 20XX

Professional Experience

Super Mario Home, Certified Caregiver, June 20XX–present

- Provided personalized care for 15+ clients in assisted living settings, including bathing, dressing, and grooming.
- Assisted clients with mobility, transfers, and physical therapy exercises to maintain strength and prevent falls.
- Provided medication reminders and monitored adherence for clients with chronic conditions such as diabetes, COPD, and hypertension.
- Maintained accurate documentation of all aspects of client care, including changes in conditions.

WeCare Caregiving, Certified Caregiver, 20XX–20XX

- Provided specialized care for children with congenital disorders, including Down syndrome, cerebral palsy, and spina bifida.
- Assisted with activities of daily living, including feeding, dressing, and toileting, tailored to each child's developmental needs.
- Monitored medical needs and reported changes in health or behavior to parents and clinical staff.
- Assisted with transportation to appointments and social activities.

Skills

- Daily living assistance (e.g., bathing, dressing, grooming, feeding)
- Medication reminders and adherence monitoring
- Mobility support and fall prevention
- Infection control
- Emotional support, companionship, and active listening
- Language comprehension: English and Spanish
- Software proficiency: CareSmart, Alora, Microsoft Office

Professional Certifications & Trainings

- National Caregiver Certification Course (NCCC)
- CPR
- Basic Life Support (BLS)
- Certified Alzheimer Caregiver (CAC)

Professional Memberships

- American Caregiver Association (ACA)
- Professional Association of Caregivers (PAC)