

# **Cordelia Clamp, CD (DONA), CLC**

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## **Professional Summary**

Compassionate and experienced birth doula with over 12 years of experience supporting families through labor, birth, and early postpartum care. Skilled in both hospital and home birth settings, I bring a calm, reassuring presence and a deep commitment to informed, family-centered care. Seeking a position where I can continue to empower birthing people through personalized support, advocacy, and evidence-based guidance.

## **Certifications and Training**

- Certified Birth Doula (CD) - DONA International, 2012
- Certified Lactation Counselor (CLC) - Academy of Lactation Policy and Practice, 2016
- CPR/First Aid - American Heart Association, current
- Trauma-Informed Perinatal Support Training - 2020
- Spinning Babies Workshop - 2021

## **Professional Experience**

### **Freelance Doula, Self-Employed**

Cordy Clamp, LLC

April 20XX–August 20XX

- Provided birth and postpartum support for over 200 families planning unmedicated or midwife-assisted home births.
- Offered continuous labor support, comfort measures, and evidence-based education from prenatal consults through the early postpartum period.
- Partnered with local midwifery practices to coordinate care and referrals.
- Created individualized birth plans and coached partners in hands-on labor support.
- Conducted postpartum visits focused on breastfeeding guidance, newborn care, and emotional well-being.

### **Birth Doula**

St. Mary's Hospital Birthing Center

January 20XX–March 20XX

- Supported patients in a high-volume maternity unit during labor and delivery.
- Collaborated with nursing staff, OBs, and midwives to integrate doula care into hospital protocols.

- Assisted with patient education, including breathing techniques, pain management options, and informed decision-making.
- Helped facilitate over 300 hospital births, including VBAC and high-risk cases.
- Accurately documented interventions, assessments, and outcomes in Epic.

### **Birth Support Specialist**

Gentle Beginnings Women's Health Center

June 20XX–December 20XX

- Provided in-person and phone-based prenatal education to expectant mothers, focusing on birth preparation, pain management, and postpartum recovery.
- Assisted nurse midwives during labor and delivery in a collaborative care model that emphasized holistic, patient-centered practices.
- Maintained accurate documentation of patient progress, support measures, and referrals for additional care needs.
- Supported families through early postpartum adjustment, including breastfeeding initiation and emotional support.
- Assisted in weekly community support groups for new mothers, emphasizing continuity of care and peer connection.

## **Education**

### **BA, Developmental Psychology**

Boston University, 2010

## **Skills**

- Labor and delivery support
- Breastfeeding education and troubleshooting
- Prenatal education and birth planning
- Emotional regulation techniques (e.g., rebozo, massage, and breathwork)
- Cultural humility and inclusive care
- Emergency preparedness for out-of-hospital births
- Client advocacy and provider communication